# dult Foster Care and Supported Living Services for Adults Provider Self-Assessment

### Instructions

You must submit a separate assessment for each home in which adult foster care and/or supported living services are provided.

Staff with personal knowledge of the Foster Care or SLS home must provide the information.

Submit all provider self-assessments electronically on or before May 29, 2015.

Additional instructions are available.

Responses should be as accurate as possible. Immediate compliance with the new federal requirements is not required. The state will offer a transition period for providers who are not yet, but intend to, comply with the new requirements.

# Purpose of provider self-assessment

The Centers for Medicare and Medicaid (CMS) issued a new rule governing HCBS waiver services effective March 17, 2014. The rule defines settings in which HCBS services may be delivered, settings that are not HCBS and settings that are presumed not to be HCBS. Minnesota submitted a transition plan to CMS indicating how it will come into compliance with the new rule.

The rule and transition plan require Minnesota to complete an assessment of all provider owned and controlled settings to determine their level of compliance with the new requirements. CMS requires states to follow-up with on-site monitoring and to assure on-going compliance. Completion of this provider self- assessment is the first step in the process.

#### The provider self-assessment is designed to:

- 1. Provide the state with information that will be used to develop measurable criteria for HCBS services in the future.
- 2. Identify sites that are not in currently in compliance with the rule.
- 3. Identify settings that are presumed not to be HCBS.
- 4. Help providers understand changes needed to comply with the rule.

# **Definitions for purposes of this assessment**

**CSSP addendum**: Plans that providers develop as required in Minnesota Statute chapter 245D.

**Home:** refers to the home licensed as adult foster care or community residential setting.

**Person**: Refers to the individual receiving services.

**Plan**: Refers to plans developed by the lead agency certified assessor or case manager (i.e. CSP, CSSP, ISP).

# **Navigation**

A toolbar at the bottom of each page will help you as you complete the assessment.

- 1. Please disable any pop-up blockers when completing this assessment.
- 2. To move between pages, use the BACK and NEXT buttons at the bottom of each page. DO NOT USE THE BACK BUTTON ON YOUR WEB BROWSER!
- 3. To reset your responses on a current page, use the RESET button at the bottom of the page.
- 4. Use the SAVE button to return to the assessment on the same computer at a later time.
- 5. Use the PRINT button (found on the last page of the assessment) to print the completed responses for the assessment.
- 6. When you have completed the assessment, click the SUBMIT button at the bottom of the last page to return your completed responses to DHS.

Provider information	
Name of provider as enrolled with Minnesota Health Care Programs	
Provider NPI/UMPI (10 digit #)	
Name of foster care or SLS home	
Adult Foster Care license (put n/a if not applicable)	
CRS license (put n/a if not applicable)	
Street address of foster care or SLS home	
P.O. Box, if any	
City	
State	
Zip	
Taxonomy code for this day service location if there is more than one location for this NPI	
Provider FEIN	
Provider phone number associated with this NPI or UMPI as enrolled with Minnesota Health Care Programs	
Telephone number for the enrolled provider representative at this foster care or SLS home	

Q1

Q2	Contact information f	or the person who provided information for this assessment
	First name	
	Last name	
	Title	
Q3	Frequency on site	
	O Daily	
	Weekly	
	Monthly	
	Quarterly	
	Annually	
Q4	DHS should contact t	he following person with any follow up questions:
	First name	
	Last name	
	Title	
	Telephone number	
	Email address	

Q5	What services do you or are you enrolled and licensed to provide in this home? apply.	Check	all that
	Adult Foster Care services (AFC)		
	Child Foster Care services (CFC)		
	Family Adult Day Services (FADS)		
	Respite Care services		
	Supported Living Services (SLS)		
Q6	Please answer each question about this home:		
		Yes	No
	Are Adult Foster Care or Supported Living Services provided in a building that also provides licensed services as a hospital, nursing facility, Intermediate Care Facility for individuals with intellectual disabilities (ICF/IID) or Institution for Mental Diseases (IMD)?	$\bigcirc$	$\bigcirc$
	Are Adult Foster Care or Supported Living Services provided in a building, on the grounds of or immediately adjacent to a publicly owned or operated hospital, nursing facility, ICF/IID or IMD?	0	0
Q7	Please answer each question about this home:		
		Yes	No
	a. Does funding for this <b>housing</b> limit it to people with disabilities?	$\circ$	$\circ$
	b. Does funding for this <b>housing</b> require that 80% of residents be seniors be at least 55 years of age or older?	$\bigcirc$	$\bigcirc$
	c. Does funding for this <b>housing</b> require that 80% of residents be either seniors at least 55 years of age or older or people with disabilities?	$\bigcirc$	$\bigcirc$
	d. Are there other residences within a 3 block radius of this home?	$\bigcirc$	$\circ$
Q8	What is the license capacity of this home under the following licenses? Enter zo	ero (0) 1	for none.
	Adult Foster Care		
	245D-CRS (Community Residential Settings)		

Q9	Does funding for this housing limit it to people with disabilities?  Yes No	
Q10	Please indicate the proximity of the home to any of the following:	
		Withi Withi Withi More n 5 b n 10 n 2 than lock bloc mile 2 mil s ks s es
	Bank	$\circ \circ \circ \circ$
	Doctors office/clinic	$\circ \circ \circ \circ$
	House of worship	$\circ \circ \circ \circ$
	Grocery store(s)	0000
	Public transportation	0000
	Restaurant(s)	0000
	Other retail businesses	0000

Please answer each question about this home.

•	are paid for by the Elderly, Community Alternatives for Disabled Individuals, Community Alternative Care, Developmental Disability or Brain Injury Waivers.
	Please check all licenses, registration or designations, that apply to services provided in this home:
	245D- Mental health certification
	245D program license-CRS (Community Residential Setting)
	Adult Foster Care license
	Assisted living (designation on housing with services registration)
	Child foster care license
	Housing with services establishment registration
	MDH home care license - Basic or Class B

Special care unit - Alzheimer's or related condition (designation on housing with services registration)

MDH home care license - Comprehensive, Class A or Class F

The following questions are about FOSTER CARE AND SUPPORTED LIVING SERVICES that

Q11

	-	one.		
Adult Foster Care (BI, CAC, CADI Waivers)				
Adult Foster Care (EW Waiver)				
Supported Living Services (DD Waiver)				
Please estimate the percentage of people currently served based or condition.	their p	rimar	y disa	bility or
	tly	than	Betwe en 25% & 75%	er
Brain injuries	0	0	$\circ$	0
Chemical health conditions	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$
Chronic health conditions	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Dementias or memory losses	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$
Developmental disabilities	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
HIV/AIDS	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Mental illnesses	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Physical disabilities (including but not limited to mobility challenges)	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$
Other	$\circ$	$\bigcirc$	$\circ$	$\circ$
left characters left. Briefly describe the primary disability or conditi	on.			
	Adult Foster Care (EW Waiver)  Supported Living Services (DD Waiver)  Please estimate the percentage of people currently served based or condition.  Brain injuries  Chemical health conditions  Chronic health conditions  Dementias or memory losses  Developmental disabilities  HIV/AIDS  Mental illnesses  Physical disabilities (including but not limited to mobility challenges)  Other	Adult Foster Care (EW Waiver)  Supported Living Services (DD Waiver)  Please estimate the percentage of people currently served based on their people condition.  Do not currently served based on their people curre	Adult Foster Care (EW Waiver) Supported Living Services (DD Waiver)  Please estimate the percentage of people currently served based on their primar condition.    Do not currently served based on their primare condition.   Currently served based on their primare currently served based on their primare condition.   Currently served based on their primare currently served based on their primare condition.   Currently served based on their primare currently served based on their prima	Adult Foster Care (EW Waiver) Supported Living Services (DD Waiver)  Please estimate the percentage of people currently served based on their primary disacondition.  Do not currently served based on their primary disacondition.  Do not currently served based on their primary disacondition.  Do not currently served based on their primary disacondition.  Between serve 25% & 25%

Answer the following questions for people receiving Adult Foster Care or Supported Living Services in this home.

Q14	How many bedrooms are available for people receiving Adult Foster Care or Supported Living Services?						
Q15	For people receiving Adult Foster Care or Supported Living Services in this home						
		Yes	No				
	a. Do you have policies supporting choice of roommates and document roommate preferences in the person's provider plan?	$\bigcirc$	$\bigcirc$				
	b. Does each person have a lock on their bedroom door and a key (or fob) to open it with only appropriate staff having keys unless specified in their plan?	$\bigcirc$	$\bigcirc$				
	c. Does each person have a key (or fob) to open the outside door of their home and/or apartment building unless specified in their plan?	$\bigcirc$	$\bigcirc$				
	d. Does each person have access to a telephone in a private area?	$\bigcirc$	$\bigcirc$				
	e. Do all bathrooms shared by more than one person have a lock unless specified in each person's plan?	$\bigcirc$	$\bigcirc$				
	f. Does each person have a place to secure their personal property with only appropriate staff or others having access?	$\bigcirc$	$\bigcirc$				
	g. Do your policies support each person having control of their own medications (with exception of Schedule II controlled substances) with minimally restrictive safeguards such as a locked medication administration device in their private bedroom unless specified in their plan?	$\circ$	$\circ$				

Q16	The following question addresses unrestricted facility access. Please check if each facility
	feature is physically accessible and if the policy supports unrestricted use.

	Physically accessible		Feature does not exist	
All common areas of the home	$\circ$	$\bigcirc$	$\circ$	
All common outdoor areas (i.e. decks, porches)	$\circ$	$\bigcirc$	$\circ$	
Common outdoor areas	$\circ$	$\circ$	$\circ$	
Cooking appliance(i.e. stove or microwave oven)	$\circ$	$\circ$	$\circ$	
Dining area	$\circ$	$\bigcirc$	$\circ$	
Laundry area with washer and dryer	$\circ$	$\bigcirc$	$\circ$	
Living area	$\circ$	$\circ$	$\bigcirc$	
Refrigerator with freezer for private food storage	0	0	0	

Q17 The following address person-centered choices required in the federal rules.

Please indicate if written policies, documented staff training and performance evaluation systems are or will be in place that cover the following unless specified in a person's plan. Policies should explicitly address each area to assure a person's choice.

# Each person:

	All currently i i mplement ed	All will be implement ed by 1/1/17	Don't know
Is free to come and go from their home	$\bigcirc$	$\bigcirc$	$\bigcirc$
Is free to move in and around the community	0	$\circ$	$\circ$
May close and lock their bedroom door	$\circ$	$\circ$	$\circ$
May have any visitors of their choice	$\circ$	$\circ$	$\bigcirc$
May have visitors at any time	$\circ$	$\circ$	$\circ$
Each person has choice of:	All currently i i mplement ed	All will be implement ed by 1/1/17	Don't know
Décor in their bedroom	0	0	0
Hair style and color	0	0	0
How often they participate in social/community activities	$\circ$	0	$\circ$
Possessions and personal furnishings within their bedroom	$\circ$	$\circ$	$\circ$
Types of community activities	$\circ$	$\circ$	$\circ$
Types of social activities	$\circ$	$\circ$	$\circ$
What personal clothing and accessories they wear on a daily basis	$\bigcirc$	$\bigcirc$	$\bigcirc$
What they want to each within options available	$\bigcirc$	$\bigcirc$	$\bigcirc$
When and how they bathe	$\circ$	$\circ$	$\circ$
When they go to bed and get up	$\circ$	$\circ$	$\circ$
When they eat	$\circ$	$\circ$	$\circ$
Where they eat (i.e. common dining area, kitchenette, living room)	$\circ$	$\circ$	$\bigcirc$
Where, when and who provides their hair care	$\circ$	$\circ$	$\bigcirc$
With whom they eat or to eat alone	$\circ$	$\bigcirc$	$\circ$

	Please indicate if written policies, documented staff training and performance evaluation systems are or will be in place that cover the following unless specified in a person's plan. Policies should explicitly address each area, to assure a person's choice.				
		All currently mpleme ed	nt ed		Don't know
	All incidents of lost or stolen property are documented and investigated	$\circ$		$\overline{}$	$\bigcirc$
	Appointment schedules, medications lists and all other personal information is private. This means the information is not visible to other program participants or visitors in public areas	0			0
	Each person has a place to secure their personal property	$\bigcirc$		$\supset$	$\bigcirc$
	Staff treat each person with respect in interpersonal communications (e.g. people addressed by their proper or preferred name, staff use respectful tone when speaking to people	0			0
	Type, amount and process for staff sharing of information assures the privacy and respect of each person	$\circ$			$\circ$
	When a person needs assistance with personal care, it is provided in private	$\bigcirc$			$\bigcirc$
Q19	During a typical week, what is the average frequency people intemembers.  Type of community interaction		2 -3	4 or more	Less
		1 day per week	days per week	days per week	than 1 day per week
	On-site interaction with community members who are no staff or people receiving services(i.e. book club, cooking, lunch with kids)	per	per	per	day per
		per	per	per	day per
	receiving services(i.e. book club, cooking, lunch with kids)  Off-site (off of the grounds of day service site) community-based	per	per	per	day per
	receiving services(i.e. book club, cooking, lunch with kids)  Off-site (off of the grounds of day service site) community-based enrichment activities (recreational, social, cultural, volunteer  Skill development/maintenance (i.e. social skills, transportation, completing	per	per	per	day per
	receiving services(i.e. book club, cooking, lunch with kids)  Off-site (off of the grounds of day service site) community-based enrichment activities (recreational, social, cultural, volunteer  Skill development/maintenance (i.e. social skills, transportation, completing purchases)	per week	per week	per week	day per week
	receiving services(i.e. book club, cooking, lunch with kids)  Off-site (off of the grounds of day service site) community-based enrichment activities (recreational, social, cultural, volunteer  Skill development/maintenance (i.e. social skills, transportation, completing purchases)  Other  left characters left. Briefly describe a frequency of less than 1 days and the cooking purchases.	per week	per week	per week	day per week
	receiving services(i.e. book club, cooking, lunch with kids)  Off-site (off of the grounds of day service site) community-based enrichment activities (recreational, social, cultural, volunteer  Skill development/maintenance (i.e. social skills, transportation, completing purchases)  Other  left characters left. Briefly describe a frequency of less than 1 days and the cooking purchases.	per week	per week	per week	day per week

Q18 The following address a person's rights to personal privacy, security and respect.

left characters left. Briefly describe a frequency of less than 1 day per week for skill development maintenance.	
left characters left. Briefly describe Other type of community interaction.	

Q20	The following questions address a person's satisfaction with services/supports.		
		Yes	No
	Do people know how and where to report dissatisfaction/concerns?	$\bigcirc$	$\bigcirc$
	Do you have way to get feedback on overall satisfaction at least annually and maintain the documentation?	$\bigcirc$	$\bigcirc$
	Do you have a way to document and address concerns or dissatisfaction people report formally or share informally with any of your staff?	0	0

After you have printed this assessment, click the SUBMIT button to complete the assessment process.

Please respond to this assessment by May 29, 2015.

Thank you for completing this assessment! We appreciate your assistance.